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July 27, 2005

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

SENT VIA CERTIFIED MAIL - RETURN RECEIPT REQUESTED
ARTICLE #: 7000 1670 0006 3245 4942

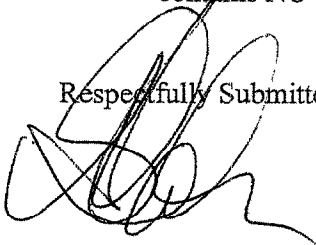
RE: BODY FUEL

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Body Fuel**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Andrew Lessman's BODY FUEL® is a nutritious blend of energy nutrients consisting of a combination of complex carbohydrates (glucose polymers) and fructose for both immediate and sustained "timed release" energy. It provides the "favorite fuel" for your brain to sustain you through periods of fatigue better than the empty calories and sugar crash that will follow a candy bar or other unhealthy snack or beverage. Body Fuel also contains high levels of B-Complex vitamins to aid in energy production and fat metabolism, since just as a car can't burn fuel without spark plugs, the human body can't create energy or burn fat without the B-Complex vitamins. Since stress, including exercise, depletes these vital nutrients, Body Fuel delivers high potencies of all the B-Complex vitamins to support energy production and fat burning metabolism. Each serving also contains 100% of the RDI of Vitamin C because of its role in carnitine synthesis, which is essential for all fat-burning metabolism. Vitamin C also acts as a protective anti-oxidant to scavenge the damaging free radicals that can result from exercise. Since the B-Complex vitamins and Vitamin C can be lost through exercise, drinking Body Fuel before, during or after activity helps restore these vital and protective nutrients. Body Fuel provides Potassium because it is a vital electrolyte that is critical for healthy heart and brain function, but it is difficult to acquire by diet and is easily depleted by physical activity. Lastly, because many individuals restrict sodium intake and because sodium is so easily acquired in the diet, Body Fuel contains NO Sodium.

Respectfully Submitted,



Nancy Steely, ND
Director of Research & Development

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